2020 WINTER PROGRAMS BRECKENRIDGE REC DEPARTMENT







Visitor's Guide / Events Calendar	4 - 5
Breckenridge Mountain Camp / Afterschool Programs	<u>6 - 7</u>
Family Sports / Youth Sports / Adult Sports	8 - 10
Drop-in Fitness / Personal Training / Group Fitness Classes	11 - 13
Outdoor Education / Rock Climbing	14 - 17
Tennis	18 - 19
Toddler & Preschool	<u>21</u>
Aquatics	22 - 24
Ice Skating / Figure Skating / Hockey / Curling	25 - 27
Nordic Ski Lessons / Snowshoe & Fat Bike Tours	28 - 29
Breckenridge Recreation Center	30 - 31
Stephen C. West Ice Arena	32 - 33
Gold Run Nordic Center	34 - 35
Parks / Facility Rentals / Party Packages	36 - 37
Private Lessons / Policies & Information	38 - 39
Officials & Staff	40



Youth

CATCH/BMC	6
Enrichment	<u> </u>
Mini Camp/1st Fridays	7
Sports	8 - 9
Climbing	16 - 17
Tennis	19
Swimming	22, 24
Ice Skating	25 - 26
Nordic Skiing	28
Snowshoeing	<u>29</u>

Toddler & Preschool

Bearly Big Childcare	21
Tumbling Tots	21
Family Gym Time	21
Parent-Child Swim	23
Preschool Swimming	23
Ice Skating	25



So much to do....so little time! Whatever recreation means to you, you'll find it here in Breckenridge. Though we're famous for our ski resort, we offer even more active, affordable fun our residents and visitors.

Not sure what to do on a rainy or snowy day?

Splash down on the Summit Plummit waterslide! Get your blood flowing with a game of racquetball, basketball or tennis or soak your muscles in one of our hot tubs.

Ready to try something new?

Head over to Gold Run Nordic Center and check out amazing local views on fat bikes, or snowshoes. Better yet, do it under a bright full moon or the darkness of a new moon.

Want your kids to have their own Breckenridge experience?

Sign them up for a private lesson or bring the little ones in for drop-in play at Family Gym Time.

Interested in rock climbing, but not ready for the real thing?

Our indoor rock climbing wall gives you the feel for the real deal starting at only \$15!

Don't want to miss your daily workout and your hotel doesn't have an adequate gym or pool?

Our indoor track, weight room, cardio equipment, <u>lap pool</u> and free <u>drop-in fitness classes</u> keep you on your routine.

Want some different winter fun?

Head over to the <u>Stephen C. West Ice Arena</u> to play on the ice! Check out our <u>public schedules</u> for details on indoor and outdoor drop-in ice skating, hockey and curling all week long.

Having a long stay in Breckenridge?

Our transferable punch passes are a low-cost option for multiple visits for the entire group.



EVENTS CALENDAR

December

- Gold Run Nordic Center Opens
 Visit the Open House all weekend.
- 1 Winter Program Registration Opens
- 1 Get Your Skis On! Early Season Tune Up - Nordic refresher clinic.
- 6 1st Fridays Kid's Night Out Dinner, activities and more!
- 7 RMG Companion Rescue Clinic Learn safety skills for backcountry exploring.
- 13 Full Moon Snowshoe Tour
 Explore the forest under the full moon
- 14 Full Moon Snowshoe Tour
- 14 Winter <u>Ice Skating Show</u>
 Come enjoy family entertainment presented by local skaters.
- 14 RMG Backcountry Basics Introduction to ski mountaineering
- 21 RMG Guided Ski Tour
 Day-long IFMGA guided back country
 trip
- 24 Skate with Santa at SCW Ice Arena
- 27 New Moon Snowshoe Tour Explore the forest in near darkness
- 28 New Moon Snowshoe Tour

January

- 3 1st Fridays Kid's Night Out
- 4 New Moon Snowshoe Tour
- 5 New Moon Snowshoe Tour
- 7-9 **Summit Swims!** Free lessons for all ages over 3 evenings
- 10 Full Moon Snowshoe Tour
- 10 Full Moon Fat Bike Tour
- 11 Full Moon Snowshoe Tour
- 11 Full Moon Fat Bike Tour
- 11 RMG Companion Rescue Clinic
- 13 Breck Ascent Series Race #1
- 18 RMG Backcountry Basics
- 19 New Moon Snowshoe Tour
- 20 New Moon Snowshoe Tour
- 25 RMG Guided Ski Tour
- 27 Breck Ascent Series Race #2

February

- 3 Breck Ascent Series Race #3
- 7 1st Fridays Kid's Night Out
- 7 Full Moon Snowshoe Tour
- 7 Full Moon Fat Bike Tour
- 8 Full Moon Snowshoe Tour
- 8 Full Moon Fat Bike Tour
- 8 RMG Companion Rescue Clinic
- 10 Breck Ascent Series Race #4
- 15 RMG Backcountry Basics
- 21 New Moon Snowshoe Tour
- 22 New Moon Snowshoe Tour
- 22 RMG Guided Ski Tour

March

- 6 1st Fridays Kid's Night Out
- 6 Full Moon Snowshoe Tour
- 6 Full Moon Fat Bike Tour
- 7 Full Moon Snowshoe Tour
- 7 Full Moon Fat Bike Tour
- 14 RMG Companion Rescue Clinic
- 20 New Moon Snowshoe Tour
- 21 New Moon Snowshoe Tour
- 21 RMG Backcountry Basics
- 28 RMG Guided Ski Tour

April

- 3 1st Fridays Kid's Night Out
- 5 Gold Run Nordic Center Closes
- 11 RMG Companion Rescue Clinic
- 11 Eggquatic Egg Hunt
- 18 RMG Backcountry Basics
- 25 RMG Guided Ski Tour

May

- Breckenridge Recreation Center Summer Hours Begin
- 13 Breckenridge Recreation Center Open House
- 30 Spring Ice Skating Show with exciting performances by local skaters.



CATCH

The Breckenridge Recreation Department, in partnership with the The Summit Foundation, Family Intercultural Resources Center (FIRC), Summit County Youth and Family Services, Summit School District and Keystone Science School, is pleased to offer CATCH Afterschool Kids Club at the Breckenridge Recreation Center.

WHO IS CATCH KIDS CLUB FOR?

CATCH is available to students who attend Breckenridge Elementary and Upper Blue Elementary. Students take a bus or are chaperoned by CATCH staff to the Breckenridge Recreation Center each day.

WHAT IS THE COST?

The CATCH program is partly subsidized by grants and in-kind donations, keeping the program affordable for all. The full fee is \$10 per day, and is based on a sliding scale according to financial need. A one-time ePACT fee applies.

WHAT IS THE CATCH CURRICULUM?

CATCH stands for Coordinated Approach to Child Health. This afterschool program is designed to promote healthy physical activity and eating behaviors in children. It aims to equip children with the knowledge and skills to make healthy decisions, all while having fun! Each day a healthy snack is served and the children participate in a nutrition lesson followed by various exercises and games. Tuesday and Thursday are mandatory swim days!

WHEN IS CATCH?

Mondays: 3:30-6:00pm Tuesdays-Fridays: 4:30-6:00pm

Session 2: November 18 - February 21 Register starting October 23

Session 3: March 2 - June 3 Register starting January 29

CATCH is a session-based program with a minimum registration of 3 days per week for each session. CATCH is offered on Summit County School District school days. If you're looking for a flexible drop-in option, consider our **Breckenridge Mountain Camp Afterschool** program.

HOW DO I SIGN UP?

Register online; once you are registered you will receive an email from ePACT, our new medical database. Please fill out all necessary information and upload immunization records before your child's first day of CATCH. Documentation for reduced fees are also required.

QUESTIONS?

Contact Courtney Kaminscky, Youth Programs lead at 970.547.3362 or via email.

Breckenridge Mountain Camp Afterschool Drop-In

Ages 5-12

\$15 Monday, \$10 Tuesday-Friday

Breckenridge Mountain Camp Afterschool is the drop-in option for our CATCH curriculum-based afterschool program. Each day your child participates in a 30-minute nutritional lesson based on a weekly theme including a healthy snack each day. After snacks, kids get in 60 minutes of physical activity, including swimming on Tuesdays and Thursdays (swimming is MANDATORY and swimsuits and towels are not provided). Please remember to pack a swimsuit and towel!

Children can be registered as late as noon the same day. Transportation/chaperone is provided from Upper Blue and Breckenridge Elementary.

Once you are registered you will receive an email from ePACT, our new medical database. Please fill out all necessary information and upload immunization records before your child's first day.

Days: Monday-Friday

Dates: All Summit County school days

Fee: \$10 one-time ePACT fee

Register M 3:30-6:00pm

Tu-F 4:30-6:00pm





AFTERSCHOOL PROGRAMS

BMC No-School Mini Camp

Ages: 5-12

\$10 one-time ePACT fee

\$46 Resident, \$50 Non-Resident

Having trouble finding affordable daycare on Saturdays or no-school days? Are you visiting and your child isn't up for another day on the ski hill? Breckenridge Mountain Camp is your kid's favorite local getaway! Each day, your child enjoys activities designed to provide structure, friends, and fun while off from school. Activities include swimming, climbing, gym games, ice skating, Nordic skiing, arts & crafts and local field trips. Children can be registered by 7:00am of the day of mini camp. If new to BMC, pre-registration is required. Visitors are welcome!

Register 8:00am-6:00pm

No-School Mini Camp Dates:

November 27, 29

December 23, 24, 26, 27, 30, 31

January 2, 3, 6

February 24-28

March 20, 23

April 13-17

June 4, 5

May 13

1st Fridays Kids Night Out Kooking Kids

Ages: 5-12 \$20 Per Child

Join us the first Friday of the month through May your child will enjoy an evening of swimming, pizza dinner, and a movie. Other activities may include inflatables, indoor climbing and crafts. Please register by 12:00pm Friday for pizza order.

10442	Jan 3	6:00-9:00pm	F
10443	Feb 7	6:00-9:00pm	F
10444	Mar 6	6:00-9:00pm	F
10445	Apr 3	6:00-9:00pm	F

Kreative Kids

Ages: 5-12

Want to tap into your inner artist? Join us every Tuesday "Crafter-noon" for over an hour of arts and crafts time! We explore different art mediums and talk about different artists each week. Be sure to put on your creativity cap - the more unique your creations are, the better! 10% member discount available

Tuesdays	4:30-6:00pm	
10595	Jan 7-Feb 18	\$115
10596	Mar 3-Apr 7	\$110
10597	Apr 21-May 26	\$110

Ages: 6-12

Tired of eating the same old food? Then, join us as we teach you basic yet yummy meals, treats and snacks! Kooking Kids is a progressive learning class, building upon skills each week. Kids first learn the basics such as measuring and chopping, then move up to creating dinner all on their own! 10% member discount available.

Mondays 3:30-6:00pm 10591 Jan 13-Feb 17 \$110 10592 Mar 2-Apr 6 \$105 10593 Apr 20-May 18 \$105

Thursdays 4:30-6:00pm 10802 Jan 9-Feb 20 \$80 10808 Mar 5-Apr 9 \$115 10809 Apr 23-May 28 \$110

Afterschool transportation/chaperone is provided from Upper Blue and Breckenridge Elementary. Students not attending Breckenridge schools are encouraged to participate but need to provide their own transportation.



Afterschool Taekwondo

Ages: 5-12

Students learn the basic techniques of self-defense while improving balance, strength, coordination and flexibility with instruction is provided by Sahn Taekwondo. Classes are designed for all ability levels. Taekwondo abides by the tenets of courtesy, integrity, perseverance, self-control and indomitable spirit. Monthly to annual individual and family passes are available for purchase online or at the Recreation Center.

No classes during Summit Schools breaks.

Jan 7-Jun 3 4:30-6:00pm TWF



YOUTH SPORTS

Afterschool Basketball

Ages: 7-12

Dribble, shoot and pass! Take advantage of this fun afterschool program for boys and girls that also helps develop basketball skills. Participants learn the fundamentals of a great lifetime sport. All ability levels are welcome! 10% member discount available.

10460	Jan 9-Feb 20	\$105
10461	Mar 5-Apr 9	\$90
10749	Apr 23-May 28	\$75

Afterschool Beginner Tumbling

Ages: 5-12

This tumbling class seeks to improve tumbling ability and to keep moving with momentum. This is a fast moving environment performing tasks such as cartwheel races, synchronized tumbling and creating tumbling lines. A solid cartwheel, forward and back rolls and a bridge kick are skills needed for this class. 10% member discount available.

Thursdays	4:30-5:30pm	
10463	Jan 9-Feb 20	\$105
10464	Mar 5-Apr 9	\$90
10750	Apr 23-May 28	\$75

Afterschool Skateboarding

Ages: 5-12

Has your child been itching to ride the skate park all winter? Let our coaching staff teach her/him the skills to keep improving on their board. All children are required to wear a helmet and bring their own skateboard. 10% member discount available.

10751 Apr 20-May 18 3:30-6:00pm M \$125 10752 Apr 21-May 26 4:30-6:00pm T \$90 10753 Apr 23-May 28 4:30-6:00pm Th \$90

Afterschool Lacrosse

Ages: 7-12

\$95 Member, \$105 Non-Member

Want to get your child involved in the fastest growing sport in Summit County? Then the afterschool lacrosse program is right up their alley! The goal of this 8-week program is to develop participant's lacrosse skills and to instill confidence in the players. This program gets participants ready to play in the Summit Stix competitive lacrosse programs. Lacrosse equipment is not allowed on school buses and may be dropped off at the Rec Center prior to class.

10465 Jan 9-Feb 20 4:30-5:30pm Th

Summit Stix Winter Lacrosse Clinic Series

Ages:6-14

\$135 Member, \$150 Non-Member Summit Stix offers a Winter Skills Clinic for all new and experienced lacrosse players to come and improve their skills. Helmet, gloves, and stick are required for this clinic. Players may rent gear from Summit Stix.

10646 Jan 7-Feb 18 5:30-7:00pm T

Summit Stix Lacrosse

Ages: 6-14

\$375

Are you ready to take your lacrosse game up a notch? Join Summit Stix Lacrosse where you will be challenged to improve your skills! The Lacrosse Team plays in various tournaments around the state. Twice a week practices start March 9 as early as 5:00pm. All participants should come prepared with appropriate clothing to play either inside or outside, dependent on the weather. Saturday games will be scheduled in early March.

<u>10645</u> Mar 10-May 22 5:00-7:30pm TWF

ADULT SPORTS



Breck Ascent Series

Ages: 10 and up

\$68 Series Registration (Save up to 32%)

\$20 per race pre-registered, \$25 same-day Take on a different kind of challenge this winter with the Breckenridge Ascent Series, presented by Breckenridge Ski Resort and the Breckenridge Recreation Department. Join us for four early morning ski mountaineering events. Each racer has the option of participating in a long course (includes ascents & descents) or short course (ascent only). Use any means to get up the mountain whether it be snowshoes, nordic skis, telemark or AT setups. However, skis or a snowboard are required to come back down from the finish line! Registration for the series ends on Friday, January 10 at 12:00pm.

10470 Series Registration

BAS Race #1

10471 Jan 13 6:00-8:00am

BAS Race #2

<u>10472</u> Jan 27 6:00-8:00am

BAS Race #3

10473 Feb 3 6:00-8:00am

BAS Race #4

10474 Feb 10 6:00-8:00am

Coed 6x6 Volleyball League

Ages: 18 and up

\$385

Bump, Set, Spike! Winter volleyball is back in action! This 9-week officiated Monday night recreational league is for coed teams of six with average volleyball skills. The team captain is in charge of collecting a team roster and waivers. Registration deadline is Monday, January 6 at 9:00pm. League fees are due at the time of registration. Don't have a team? See the website for free agent registration.

10492 Jan 13-Mar 23 6:00-9:00pm M

Winter 5x5 Competitive Basketball League

Ages: 18 and up

\$425

Spend your Tuesday evenings playing in the full-court, competitive 5x5 adult basketball league! No gender-specific rules apply. Registration deadline is Monday, January 6 at 9:00pm. This league is limited to 8 teams based on a first come, first serve basis. A captain/free-agent meeting is at 6:00pm on Tuesday, January 7 at the Breckenridge Recreation Center, with drop-in play to follow from 7:00-9:00pm. Don't have a team? See the website for free agent registration.

<u>10744</u> Jan 14-Mar 24 6:00-9:00pm T

Coed 4x4 Volleyball League

Ages: 18 and up

\$200

Don't get enough of a workout in our 6-person league? Have other Monday night commitments? This 8-week unofficiated Tuesday night recreational league is for coed teams of four with average volleyball skills. Registration deadline is Wednesday, April 1 at 9:00pm. League fees are due at the time of registration. Don't have a team? See the website for free agent registration.

10491 Apr 7-May 26 6:00-9:00pm T

Taekwondo

Ages: 5 and up

Students learn the basic techniques of self-defense while improving balance, strength, coordination and flexibility. Classes are designed to meet the needs of all ability levels. Individual and family passes may be purchased online.

Morning Session

10:00-11:00am MWF

Evening Session

7:00-8:00pm MW

Passes: \$99 - 1 month

\$267 - 3 months

\$504 - 6 months

\$950 - 1 year



Drop-In Fitness

DID YOU KNOW?

Drop-in classes are FREE with the purchase of a daily admission, punch pass or membership! The Breckenridge Recreation Center offers a great variety of fun and challenging group fitness classes taught by nationally certified, motivating instructors. Go online to the <u>Fitness Class</u> page or view the current schedule. Schedules are also available at the Front Desk.

CHECK OUT A SAMPLE OF OUR DROP-IN CLASSES:

Barre Fusion - A moderately paced core workout, combining standing core exercises, Pilates, ballet barre, and dance based moves.

Stages Flight Cycling - Our cycling classes are designed to challenge all levels of rider, with new, interactive video integration. The class focus differs per instructor, and is self paced, but is generally considered to be an interval cardio workout.

Functional Conditioning - A high-energy workout held in the new Baker's Tank to prepare for the general challenges that accompany all sports and activities.

Strength & Core - A moderate paced workout designed to work your core function, posture, stability and strength.

X-Training - A high energy, cardio/strength format class taught in a boot-camp style. Large muscles are used to raise the heart rate and improve strength and endurance.

Yoga - A moderately paced class where a variety of pose modifications are given for students to work at all levels.

Mat Pilates - A moderately paced mat class with focus on core stability, correcting muscle imbalances, improving range of motion, strengthening and balance.

Aqua Fit - Water aerobics offers classes six days a week with specific programs based on your fitness level and goals. Expect a challenging no-impact workout for anyone.

BODYPUMPTM (Les Mills) - The original high energy pre-choreographed barbell class that strengthens your entire body. This endurance-based strength workout challenges all major muscle groups.

X-Training - A high energy, cardio/strength format class taught in a boot-camp style. Large muscles are used to raise the heart rate and improve strength and endurance.

Step - A high energy cardio class using the step. Moves can be modified for more or less impact.

H.I.I.T. - High Intensity Interval Training alternates between intense bursts of cardio or strength training and fixed periods of less intense exercises or resting periods.

Build Your Own Group Fitness Class

Choose a class format from one of 20+ options, pick the certified instructor and then call to schedule a time and date. Bring in your bridal party, teammates, friends, family and anyone else to create a group of 3 or more to get your sweat on! Please contact Kelly Gerken, Fitness Supervisor at 970.453.3381. Fee: \$15 per person (minimum of 3 participants). Discount available for groups of 10 or more.

Private Yoga or Pilates Session

Interested in developing your practice with one-on-one instruction with some of the most accomplished instructors in the area? Please contact Kelly Gerken, Fitness Supervisor at 970.453.3381 for more information.

Body Fat Testing & Consultation

Member: \$18, Non-Member: \$20 Body fat percentage is a fitness component related to health, performance, and risk of disease. Find out how you measure up. Skinfold Caliper Testing and consultation provided by our nationally certified trainers. Please schedule with the Recreation Center Front Desk at 970, 453, 1734



PERSONAL TRAINING

Our team of certified professional trainers help you attain your fitness goals. Each has training, education and experience covering a variety of objectives from sports-specific conditioning to weight loss. Training options include one-on-one private sessions or reduced-rate Buddy Training with a friend!

Personal Training Rates

1 Session \$65 3 Sessions \$180 6 Sessions \$330 12 Sessions \$625 24 Sessions \$1,200

2-Person Buddy Pass

1 Session \$90 3 Sessions \$250 6 Sessions \$490 12 Sessions \$890

Passes are not transferable and are valid for one year from date of purchase. Member discount is available.

Meet Our Personal Trainers!



Kelly Gerken

- Recreation Fitness Coordinator
- ACSM Certified Personal Trainer
- AFAA Certified Group Exercise Instructor
- TRX Suspension Training Certified
- NASM Corrective Exercise Specialist
- Focus on promoting adherence to an active lifestyle through progression, functional fitness training and dynamic exercises



Cathy Bohdan

- ACE Certified Personal Trainer
- AFAA Group Fitness Instructor
- TRX Suspension Training Certified
- AFAA Certified Practical Modality Instructor
- Focus on core and balance training for all ages and abilities



Cleve Keller

- ACE Certified Personal Trainer
- Certified Pace trainer
- Focus on active, older adult population and developing range of motion



Maria Patteden

- ACE Certified Personal Trainer
- TRX Suspension Training Certified
- Focus on creative, functional fitness programs to enhance performance and enjoyment of your favorite activities



Blake Veath

- ACE Certified Personal Trainer
- ACE Sports Conditioning Specialist
- Focus on working with all ages and abilities on strength, hypertrophy and weight loss, as well as improving overall sports performance



Linzee Vito

- NASM Certified Personal Trainer
- ACE Sports & Fitness Nutrition Specialist
- Focus on post-physical therapy/sports performance conditioning, balance and stabilization, female weight training and contest prep coaching

GROUP TRAINING & CLINICS



TRX Suspension Training Lift, HIIT, Repeat!

Ages: 14 and up

\$54 Member, \$60 Non-Member

perform exercises that build strength, endurance, balance, coordination, flexibility, power and core stability. Sessions focus primarily on strength training and include advanced moves for those looking to amp up their workout! Each session is 45-minutes of self-paced intensity and may include additional equipment as the sessions progress. Register by the Friday prior to class.

10737 Jan 6-31 10:15-11:00am MF 10738 Jan 29-Feb 21 7:15-8:00am WF 10740 May 5-28 9:00-9:45am TTh

Ages: 14 and up

\$126 Member, \$140 Non-Member Join us for another NEW AND IMPROVED 12-week session of Lift, HIIT, Repeat! Let's crush your New Year's resolutions and reach your fitness goals! Classes consist of weightlifting and high intensity, interval training (HIIT) to build muscle and scorch fat. The moves are based on classic lifting techniques that let you isolate, stabilize and focus each rep on the muscle group you're working. Get it DONE in just 3 days a week, 30-40 minutes a day, 12 weeks total!

10826 Jan 13-Apr 3 8:00-8:50am MWF 10827 Jan 14-Apr 2 12:00-12:50pm T-Th

NEW! 20 Day Challenge

Ages: 14 and up

\$90 Member, \$100 Non-Member

This progressive 4-week challenge works all aspects of your body in a quick 30 minute workout, 5 days per week! We offer baseline testing and fitness assessments at the beginning and at the end to individualize this challenge for YOU and only YOU! Be ready to gain strength and lose weight. Each day is a completely new challenge your strength, agility, core and flexibility. Remember, YOU can do anything for 30 minutes!!

10762 Apr 6-Mar 1 6:45-7:15am M-F

Train for the Trail **Running Series**

Ages: 16 and up

\$54 Member, \$60 Non-Member

Get ready to hit the trail! Train for the Trail is a challenging class, focusing on muscular strength, muscular endurance, balance and core work. This class isn't for the faint of heart, but a fun challenge and a great option for any motivated individual, particularly those preparing for the Summit Trail Running Series.

10735 Apr 27-May 20 5:30-6:30pm MW

OUTDOOR EDUCATION



RMG Companion Rescue Clinic

Ages: 12 and up

\$120

Have you ever wanted to explore the pristine and untouched side of the mountains, but safety concerns kept you at home? The Companion Rescue Clinic (CRC) teaches you learn how to use a beacon, shovel and probe. The clinic covers searching, shovel and probing techniques in single and multiple avalanche burial scenarios, giving you the necessary safety skills for backcountry skiing.

Jan 11	8:00am-3:00pm	Sa
Feb 8	8:00am-3:00pm	Sa
Mar 14	8:00am-3:00pm	Sa
Apr 11	8:00am-3:00pm	Sa
	Feb 8 Mar 14	Feb 8 8:00am-3:00pm

RMG Backcountry Basics

Ages: 12 and up

\$150

This IFMGA guided program teaches you about snow conditions, how to use a shovel, beacon and probe, and how to set up your alpine touring equipment. Backcountry Basics also covers avalanche awareness, route planning, uphill travel and ski technique for a safe descent.

10628	Jan 18	8:00am-3:00pm	Sa
10629	Feb 15	8:00am-3:00pm	Sa
10630	Mar 21	8:00am-3:00pm	Sa
10631	Apr 18	8:00am-3:00pm	Sa

RMG Guided Ski Tours

Ages: 12 and up

\$150

Would you describe yourself as an experienced skier with solid skiing technique and good stamina? Do you know how to use your beacon, probe, and shovel? This monthly Guided Ski Tour is for you! This group is designed to provide a backcountry trip guided by an IFMGA guide. You will meet people that share your passion for the mountains. You'll discover new terrain and learn about current conditions, travel techniques and safety. We HIGHLY recommend that you have completed the RMG CRC before taking part in the Guided Ski Tours and that you have the stamina to go uphill at elevation for at least an hour. Rental equipment is NOT included in the program fee.

NO BEGINNER SKIERS - if you have questions about the required skill level/skill set recommended to participate in this program please contact the Rocky Mountain Guides at 970.409.9555.

10638	Jan 25	8:00am-3:00pm	Sa
10639	Feb 22	8:00am-3:00pm	Sa
10640	Mar 28	8:00am-3:00pm	Sa
10641	Apr 25	8:00am-3:00pm	Sa

RMG 3-Day Backcountry Skiing Course

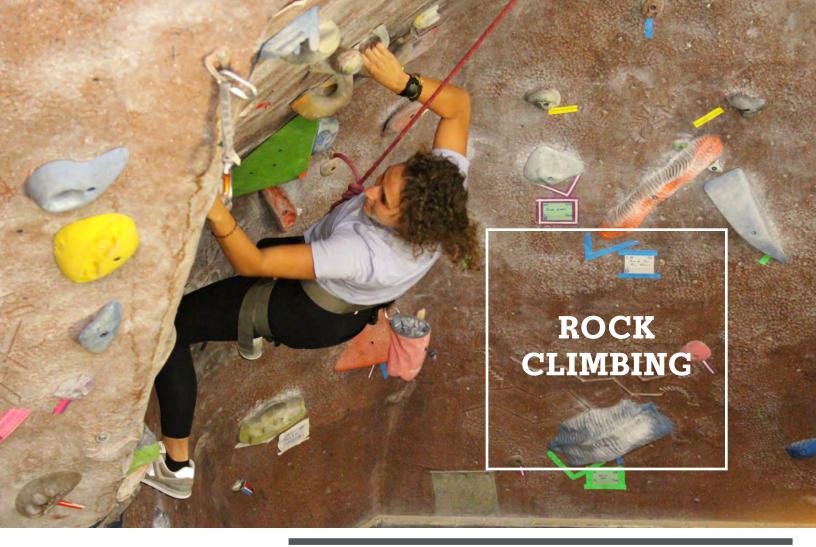
Ages: 12 and up

Please Call for Fee Information

Backcountry skiing is a complex tool to discover our beautiful, wild and remote mountains. However, many unexpected things can be found in the backcountry. And like everything in life truly worth doing, it is easy to get lost in the learning process. The environment, the gear and the techniques are all so complex that it can be difficult to know where, and most importantly, how to properly start.

It is difficult to be in full immersion in a oneday course. This is why we have decided to offer a consecutive three-day course fully focused on this discipline and everything surrounding it. In the ski resorts, things like ropes, avalanche mitigation, and ski patrols allow us to ski the mountain without having to be fully aware of what is surrounding us. Rocky Mountain Guides help you to develop this awareness that is absolutely necessary to our own safety. Luckily, an environment which is bigger than us and which automatically leads us to tremendous self-growth still exists (without talking about the fact that untouched powder can still be found weeks after a storm!). In order to be confident in yourself, to know how to use your gear efficiently and to be independent in these remote places, some primary knowledge is indispensable at start.

10824 Dates and Times TBD



Bouldering

Our bouldering area offers challenges for everyone. From steep overhangs to long traverses, you are sure to get just the pump you are looking for.

Top Rope Climbing

With three dedicated top rope lanes and two auto belay lanes you'll be able to get a great workout whether you're with a climbing partner or by yourself!

Lead Climbing

Ready to tie-in to the sharp end of the rope? We have over 500 square feet of steep overhanging lead routes and more to test your leading skills. From jugs to crimps, we've got them all.

Climbing Rentals

Shoes	\$5
Harness	\$4
Chalk Bag or Chalk Refill	\$2
Belay Device	\$1
Climbing Package	\$10
(includes all above items)	
Bison Design Chalk Balls	\$5
Used Climbing Shoes*	\$10

^{*}Limited sizes available

ROCK CLIMBING LESSONS



Belay Rides

Ages: 3 and up

\$15

Try rock climbing today! Let our professional staff handle the technical side while you enjoy the thrill of climbing. All equipment is included. Belay rides may be linked together to achieve the amount of time desired by the participant(s). Reservations are recommended. Belay Rides/Try-a-Climb are available daily during regular climbing wall hours for \$15 for 15 minutes.

Call 970.453.1734 to schedule.

Climbing Skills Checks

Ages: 3 and up

Free

Do you already know how to climb? Our staff is available to perform the annual skills assessments required for all climbers in our gym. Bouldering orientations and top rope or lead climbing assessments are available for free. Once you have a pass, you can boulder or top-rope any time the climbing wall is open and space is available. Lead climbing is allowed only when a Climbing Wall Instructor is on duty.

Call 970.453.1734 to schedule.

Girl Power Hour

Ages:3 and up

\$10 (includes equipment rental)

Let's hear it for the girls! Have you ever wanted to climb and explore what the climbing wall has to offer? Do you want to share climbing with your close female friends? We've got the hour for you! Girl Power Hour is a fantastic opportunity for females to experience climbing in a supervised environment and to empower one another to crush it on the climbing wall.

10758 Jan 4-Dec 26 3:00-4:00pm Sa

Intro to Bouldering

Ages: 6 and up \$30 per hour

Jump start your bouldering success with our Intro to Bouldering lessons! This program is designed to get you started bouldering as quickly and as confidently as possible. In this one hour lesson, you learn bouldering risk management techniques such as spotting and properly falling, how to understand the bouldering scale used in the gym, how to "read" bouldering problems, how to warm up and the basics of climbing movement.

Call 970.453.1734 to schedule.

Learn to Top Rope

Ages: 8 and up \$35 for 1.5 hours

Whether you plan on spending next summer climbing outdoors with friends or would like to start adding the full height of our indoor climbing wall to your workout mix, it's time you learned how to belay. Join our experienced and professional staff in this class as we teach you about the gear involved in roped climbing, how to tie into the rope and how to belay (the act of managing slack in the rope to keep the climber from falling to the ground should they slip).

Call 970.453.1734 to schedule.

Learn to Lead

Ages: 10 and up \$40 for 2 hours

Ready to take the sharp end of the rope? Our professional staff teaches you to lead belay, lead climb, recognize errors and practice taking falls. Participants must have previous climbing experience, know how to belay a top-rope climber and be able to climb 5.8 comfortably on top-rope. Twenty-four hours after the completion of this class, participants are eligible to take the lead climbing skills assessment. No prior lead climbing experience is required. Lessons can be reserved back to back for additional instruction.

Call 970.453.1734 to schedule.



AFTERSCHOOL CLIMBING

Cliffhangers

Ages: 6-8

Cliffhangers is a fun, play-based class for kids who enjoy climbing and want to develop and/or enhance their skills. This class encourages elementary school-aged kids to participate in both weekly and session-long climbing challenges, to learn technical climbing skills, and to practice team work, communication and peer support via numerous fun activities. 10% member discount available.

Cliffhangers Wednesday

 10480
 Jan 8-Feb 19
 4:30-6:00pm \$147

 10481
 Mar 4-Apr 8
 4:30-6:00pm \$126

 10482
 Apr 22-May 27
 4:30-6:00pm \$105

Cliffhangers Fridays

10484 Jan 10-Feb 21 4:30-6:00pm \$147 10485 Mar 6-Apr 10 4:30-6:00pm \$105 10486 Apr 24-May 29 4:30-6:00pm \$126

Afterschool transportation or chaperones are provided from Upper Blue and Breckenridge Elementary. Students not attending Breckenridge schools are encouraged to participate but need to provide their own transportation.

Climbing Club

Ages: 7-12

The Breckenridge Climbing Club is a fun place for our youth climbers of all ages to get their climbing fix for the week in a relaxed yet fun and educational environment. The Climbing Club is suitable for older kids that have participated in our Cliffhangers program several times and have fully mastered all of the necessary skills (knot tying, top rope belaying, etc.) and who are looking for new challenges. 10% member discount available.

Climbing Club - Tuesday

10488 Jan 7-Feb 18 4:30-6:00pm \$147 10489 Mar 3-Apr 7 4:30-6:00pm \$126 10490 Apr 21-May 26 4:30-6:00pm \$126

Bentley Bedker Scholarship

Financial assistance for all climbing programs is available through the Bentley Bedker Scholarship. Applications for the Bedker Scholarship are located at the Recreation Center Front Desk. Scholarship money may be applied to climbing program and equipment fees. Please call or <u>e-mail</u> the Outdoor Programs Coordinator 970-547-4324.

Advanced Climbing Team

Ages: 8-17

The Advanced Climbing Team is the pinnacle of our climbing development program. Members focus on a combination of climbing strength and technique development under our experienced and dedicated coaching staff. Admittance is by invitation only. If interested, contact the Outdoor Programs Coordinator, at 970.547.4324. 10% member discount available.

Monday 3:30pm & Thursday 4:30pm

10456 Jan 9-Feb 20 4:30-6:00pm \$325 10457 Mar 2-Apr 9 3:30-6:00pm \$275 10458 Apr 20-May 28 3:30-6:00pm \$275

Climbing Competition Team

Ages: 8-17

The Competition Team is an elite group of local climbing youth. Participants are encouraged to compete in USA climbing events. Members focus on a combination of climbing strength and technique development under our experienced and dedicated coaching staff. If interested, contact the Outdoor Programs Coordinator, at 970.547.4324.10% member discount available.

 10755
 Jan 13-Feb 17
 6:00-7:00pm \$150

 10756
 Mar 2-Apr 6
 6:00-7:00pm \$125

 10757
 Apr 20-May 18
 6:00-7:00pm \$125



Tennis Professionals



Head Pro John O'Connor USPTA Certified Elite Professional



Tennis Pro Tim Wyatt USPTA Certified Elite Professional



Tennis Pro Ben Myers USPTA Certified Professional

Private Lessons/Semi-Private Lessons

Specific critiquing, fine-tuning, or overhauling your stroke is offered to all levels. Video tape analysis is available. Lessons are led by Tennis Pros - fees vary. Call the Breckenridge Tennis Center at 970.547.7895 for information and to schedule your lesson.

Tennis Court Rates

Indoor Courts: Online: \$32 per court, per hour

Walk-up: \$36 per court, per hour

Outdoor Courts: Hard: \$14 per court, per hour (online)

\$20 per court, per hour (walk-up)



Leisure Court Time

Ages:18 and up

\$15

Players have two hours of dedicated court time for round robin doubles play once a week through the winter and spring. Call in early to secure a spot - play is limited to the first 10 players who register.

Sunday Court Time

Jan 5-May 31 12:00-2:00pm

All Levels Drop-In Tennis Clinics

Ages: 16 and up \$22

No matter your skill level, our All Levels dropin clinics gives you a workout with drills and point play coached by our tennis pros. Have a great time learning the game, refining skills and improving fitness levels. All levels are welcome. This is an easy way to meet other guests and local players without a long-term commitment.

Tuesday Clinics

Jan 7-May 26 10:30am-12:00pm

Saturday Clinics

Jan 4-May 30 12:30-2:00pm

Intermediate Drop-In Tennis Clinics

Ages:16 and up

\$22

These convenient drop-in sessions are offered for adults looking for a great way to improve their tennis game and to get a fun workout. Each session is a great workout with drills and point play coached by our tennis pros. If you are looking for a flexible way to switch up your workout routine, try a session today!

Monday Clinics

Jan 6-May 25 10:30am-12:00pm

Extremes Friday Drop-In Tennis Clinics

Ages:16 and up

\$22

Take your tennis game to the extreme! Our Friday Drop-In Tennis Clinic is a great workout with fast-paced drills geared toward the advanced, accomplished player. It is suggested that participants have a NTRP rating 4.0 or higher. Improve your skills working with our pros and other high-level players.

Friday Clinics

Jan 3-May 29 1:30-3:00pm

Afterschool Tennis Lessons

Ages: 7-12

These afterschool sessions are filled with fun drills and games with the tennis professionals guiding kids to develop strong fundamentals. All abilities are welcome! Transportation or chaperones are provided from Breckenridge Elementary and Upper Blue. Price reflects member and non-member pricing

Monday	Sessions	3:30-4:30pm
10724	Jan 13-Feb 17	\$65/\$72
10725	Mar 2-Apr 27	\$76/\$84
10726	May 6-May 20	\$33/\$36
Wednes	day Sessions	4:30-5:30pm
10730	Jan 9-Feb 20	\$76/\$84
10731	Mar 6-Apr 24	\$76/\$84
10732	May 1-May 29	\$44/\$48
Thursday	/ Sessions	4:30-5:30pm
10727	Jan 9-Feb 20	\$76/\$84
10728	Mar 5-Apr 30	\$87/\$96
10729	May 7-28	\$44/\$48

Pickleball Drop-in

All Ages

\$5

It's one of the hottest racket sports in the country - easy to learn and fast paced. Bring your friends and come play twice a week at the new Tennis Center.

Jan 1-May 30 12:00-1:30pm W 4:30-6:00pm Sa





Bearly Big Child Care

Ages: 2 months - 6 years

The <u>Bearly Big Child Care Center</u> offers statelicensed childcare service for Recreation Center guests while using the Breckenridge Recreation Center facilities and programs (parents must remain on-site). Child care is provided for a maximum of two hours if space allows. Infants under 1 year may only stay in Bearly Big for a maximum of 1 hour.

Reservations are highly recommended and may be made up to 3 days in advance. PLEASE CALL 970.453.1734. Please contact the Recreation Center Front Desk at 970.453.1734 for more information. Daily passes and punch passes must be purchased at the Front Desk.

Monday-Saturday: 8:30am-12:00pm

Sundays: Closed

Hours vary on holidays - please call to

confirm.

Family Gym Time

Ages: 1-5

\$7 Drop-in, \$60 10-Punch Pass

Bring your family four days a week to the Breckenridge Recreation Center gymnasium to enjoy playtime out of the weather! Our inflatable jungle is set up along with gym mats and other play equipment so kids can have a roomy, warm, indoor space for active play and socialization. Family Gym Time is an open play format with no instruction provided. Parent supervision is required. No registration is required – please pay upon arrival at the Recreation Center Front Desk.

Jan 3-Apr 29 9:00am-12:00pm MWFSa

Tumbling Tots

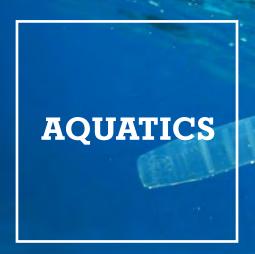
Ages: 1-2

Member: \$36, Non-member: \$40

Drop-In: \$12

Tumbling Tots fine-tunes your child's motor skills, movement and continues their social development over the four-week session. The children focus on balance and body awareness through gymnastics moves such as donkey kicks, crab walk, front rolls and more! Parent participation is required for this program.

10742 Jan 3-29 9:00-9:45am F 10743 Feb 7-28 9:00-9:45am F





Discover Snorkeling

Ages: 6-13

\$68 Member, \$75 Non-Member

Planning a tropical vacation? Are you taking the kiddos snorkeling for the first time? Discover Snorkeling is an introduction to learning the basics of snorkeling. It is a great way to begin an underwater adventure.

10766 Jan 11-Feb 15 11:45am-12:15pm Sa 10767 Mar 7-Apr 11 11:45am-12:15pm Sa

CPR/AED/First Aid American Red Cross

Ages: 11 and up

Member: \$63, Non-member: \$70

Are you prepared to save a life? This American Red Cross course teaches CPR for adults, children and infants, and how to respond to injuries and sudden illness in a systematic manner. The first two nights cover CPR/AED and the third covers First Aid. Certification is valid for 2 years for CPR/AED and Basic First Aid.

10494 Feb 18-20 6:00-8:00pm T-Th

American Red Cross Lifeguard Course

Ages: 15 and up

Member: \$63, Non-member: \$70

This is a 6-day course that includes Professional Rescuer CPR/AED and First Aid. Day 1 is the pre-test. For more information or to check out a manual in advance please contact the Aquatics Office at 970.547.4334.

10468 Apr 27-May 2 4:00-8:00pm M-F 9:00am-6:00pm Sa

SUMMIT SWIMS!

Ages: 3 and up

FREE! No Rec Center admission required

At the 6th Annual Summit Swims! take a FREE lesson with our trained water safety instructors then get a skills assessment and a discount for future lessons. Come make a splash!

Ages 3-6

10650 Beginner Jan 8 4:45-5:15pm W 10651 Intermed. Jan 8 5:20-5:50pm W

Ages 6-12

10652 Beginner Jan 7 4:45-5:15pm T 10653 Intermed. Jan 7 5:20-5:50pm T

Ages 13 and up

10648 Beginner Jan 9 4:45-5:15pm Th 10649 Intermed. Jan 9 5:20-5:50pm Th

Eggquatic Egg Hunt

Ages: 1 Month and up

FREE with Recreation Center admission

Get ready for an eggcellent fun time at the pool! There will be lots of eggs to collect, so bring your swimsuit, towel and basket to dive in the pool for some eggs-citement! There will be games and crafts plus fun prizes available at the door! **Registration is required**.

Saturday April 11

 10803
 11:30am Children 5 & under*

 10804
 11:45am Children 6-8

 10805
 12:00pm Children 9-10

 10806
 12:15pm Children 11 & up

*Adult must be in the water with child

Open Kayaking

Ages: 8 and up

Member: \$9, Non-member: \$10

The controlled, flat water of the Breck Rec pool is perfect for practicing rolls, braces, wet exits and other kayaking skills that need to be sharpened before the run off. This is a self-practicing program, instruction is not provided. **Registraion required** starting the Sunday before each session.

Friday Sessions 6:15-7:15pm

,	I
10807 Apr 3	<u>10814</u> May 8
10810 Apr 10	10815 May 15
10811 Apr 17	10816 May 22
10812 Apr 24	10817 May 29
10813 May 1	



Baby Beavers Parent & Child Swim

Ages: 6 months-2

Member: \$51, Non-member: \$56

For Baby Beavers swim lessons, our instructors follow a plan to introduce new swimming and water safety skills that are developmentally appropriate for infants and young children. In Baby Beavers, great experiences and fun activities are provided to teach infants and young children to:

- Enter and exit the water safely
- Feel comfortable in the water
- Submerge and explore breath control
- Explore floating on the back and front
- Change body position in the water
- Play safely in the water
- Experience wearing a life jacket.

Parents also learn how to hold and support your child in the water, how to select and fit a life jacket for your child, valuable water safety information to make your family safer in and around the water. 10% member discount available.

10763 Jan 11-Mar 7 9:05-9:35am Sa 10764 Mar 28-May 30 9:05-9:35am Sa

Tadpoles - Preschool 1 & 2

Ages: 3-5

In Tadpoles Level 1 & 2, children gain confidence and learn to be safe and comfortable in the water. Our instructors follow a plan to introduce new swimming and water safety skills and to build on previously learned skills. Each class is loaded with fun, engaging, and challenging activities that motivate children to want to perform and learn to swim. It is quite common for children to participate in several sessions of Tadpoles before they are able to successfully demonstrate all the skills necessary to move to Learn-to-Swim levels. That's expected and normal! 10% member discount available.

Monday/Wednesday

10768 Jan 13-Feb 12 6:00-6:30pm \$70 10769 Mar 2-Apr 8 4:00-4:30pm \$77 10770 Apr 27-May 20 6:00-6:30pm \$56

Saturday

10774 Jan 11-Mar 7 9:45-10:15am \$56 10775 Mar 28-May 30 9:45-10:15am \$56

Tuesday/Thursday

 10771
 Jan 14-Feb 13
 4:00-4:30pm \$70

 10772
 Mar 3-Apr 9
 6:00-6:30pm \$84

 10773
 Apr 28-May 21
 4:00-4:30pm \$56

Frogs - Preschool 3

Ages: 3-5

In Frogs Level 3, our instructors introduce new swimming and water safety skills that are developmentally appropriate for young children and help further your child's development of water competency. It is quite common for children to participate in several sessions of Frogs before they are able to successfully demonstrate all the skills necessary to move to higher Learn-to-Swim levels. That's expected and normal! 10% member discount available.

Monday/Wednesday

 10776
 Jan 13-Feb 12
 4:00-4:30pm \$70

 10777
 Mar 2-Apr 8
 6:15-6:45pm \$77

 10778
 Apr 27-May 20
 4:00-4:30pm \$56

Saturday

10782 Jan 11-Mar 7 10:25-10:55am \$56 10783 Mar28-May 30 10:25-10:55am \$56

Tuesday/Thursday

10779 Jan 14-Feb 13 6:15-6:45pm \$70 10780 Mar 3-Apr 9 4:00-4:30pm \$84 10781 Apr 28-May 21 6:15-6:45pm \$56

YOUTH AQUATICS



Salamanders - Level 1

Ages: 6-12

In Salamanders, your child is introduced to basic skills as the foundation for future skills and the development of the basic minimum skills needed for water safety. Kids may take several sessions of Salamanders before they master all the skills necessary to move to Turtles. 10% member discount available.

Monday/Wednesday

<u>10784</u> Mar 2-Apr 8 4:40-5:10pm \$77

Saturday

10787 Jan 11-Mar 7 11:05-11:35am \$56 10788 Mar 28-May 30 11:05-11:35am \$56

Tuesday/Thursday

10785 Jan 14-Feb 13 4:40-5:10pm \$70 10786 Apr 28-May 21 4:40-5:10pm \$56

Private Swim Lessons

Ages: 21/2 and up

Private lessons provide individualized instruction for all ages and levels of swimming. We also offer semi-private swim lessons for small groups. Please contact the Aquatics Office at 970.547.4334 to schedule lessons.

Private Swim Lessons: \$30 per half-hour Semi Private Lessons: \$40 per half-hour

Save up to 23% with a Punch Pass!

3-Punch Pass

\$80 private lessons/\$110 semi-private

5-Punch Pass

130 private lessons/175 semi-private

Turtles - Level 2

Ages: 6-12

Turtles builds on Salamanders Level 1 skills. Your child begins to perform skills at a slightly more advanced level and begins gaining rudimentary propulsive skills on both the front and the back. Our instructors follow a plan to introduce new swimming and water safety skills. 10% member discount available.

Monday/Wednesday

10789 Jan 13-Feb 12 4:40-5:10pm \$70 10790 Apr 27-May 20 4:40-5:10pm \$56

Tuesday/Thursday

10791 Mar 3-Apr 9 4:40-5:10pm \$84

Otters - Level 4

Ages: 6-13

In Otters, our instructors follow a plan to introduce new swimming and water safety skills and to build on previously learned skills, improving the swimming stroke proficiency and swimming for longer distances. Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim. 10% member discount available.

Monday/Wednesday

10795 Mar 2-Apr 8 5:20-6:05pm \$77

Tuesday/Thursday

10796 Jan 14-Feb 13 5:20-6:05pm \$70 10797 Apr28-May21 5:20-6:05pm \$56

Cutthroats - Level 3

Ages: 6-12

In Cutthroats, your child learns to swim the front crawl and elementary backstroke at rudimentary levels, is introduced to the scissors and dolphin kicks, learns the survival float and increases the time duration for treading water.

Monday/Wednesday

10792 Jan 13-Feb 12 5:20-5:50pm \$70 10793 Apr27-May 20 5:20-5:50pm \$56

Tuesday/Thursday

10794 Mar 3-Apr 9 5:20-5:50pm \$84

Breck Beavers Swim Team

Ages: 6-13

\$7 per day

Take your swimming to the next level! The Breckenridge Beavers Swim Team focuses on progressing as a competitive swimmer while having fun working with team members and coaches to improve swim strokes (freestyle, back, breast, and butterfly). Swimmers learn competitive racing skills such as turning, relay racing, and diving while improving endurance in the water. Develop good stroke technique during fun and challenging practices. 10% member discount available.

Monday

10798 Jan 13-May 18 3:45-5:00pm

Tuesday or Thursday

10798 Jan 14-May 28 4:45-6:00pm



Private Skating Lessons

If group lessons don't fit your schedule or needs, private lessons are a great option! Figure skates or hockey skates, we can teach you spins or speed! Please call 970.547.9974 for more information on private skating lessons or <u>click here</u> to learn more about our coaching staff. Fees for private skating lessons vary per instructor, please call for rates. Group rates are also available.

All participants are required to pay a one-time annual membership fee to Learn to Skate USA by <u>clicking here</u>. This ensures membership, additional skating information and benefits as a skater in the program. USFS Basic Skills program is for recreational, figure and hockey skaters.

Afterschool lessons include transportation from Upper Blue and Breckenridge Elementary, skate rental and helmet (students are welcome to bring their own skates and ski helmet if desired). Students not attending Breckenridge schools are encouraged to participate but need to provide their own transportation.

Adult Skating Lessons

Ages: 13 and up

Have you always wanted to learn how to ice skate, but never had the opportunity? In our adult class, participants are divided into groups based on skill level, with instruction from one of our certified instructors. This class is for any level of skater! Price reflects member and non-member pricing.

Tuesday Se	ssions	6:00-	-6:30pm
10557	Jan	7-Feb 11	\$65/\$72
10558	Mar	3-Apr 7	\$65/\$72
10559	Apr	14-May 19	\$54/\$60

Afterschool Ice Skating Lessons

Ages: 5-12

\$81 Member, \$90 Non-Member

The goal of this program is to introduce new students to ice skating and to improve skills of returning students. Kids grades K-5 are divided into small groups based on their current skating skills for a 30-minute indoor skating lesson followed by 30 minutes of free-skate time to practice their new skills on-ice. Fee includes snack, skate and helmet rental (students are welcome to bring their own skates and ski helmet if desired). No Friday lessons are offered this winter-spring.

10566	Jan 13-Feb 1 <i>7</i>	3:30-5:15pm	Μ
10567	Mar 2-Apr 6	3:30-5:15pm	Μ
10565	Apr 20-May 18	3:30-5:15pm	Μ

Youth Ice Skating Lessons

Ages:3-12

\$65 Member, \$72 Non-Member

Summit County kids need to know how to ice skate, so come learn with our fun, engaging instructors. Participants are divided into groups based on age and skill level, either Snowplow Sam or Basic Skills. Learn the basics to learn or improve hockey skills, to advance into figure skating or just for fun!

10581	Jan 7-Feb 11	6:00-6:30pm	T
10582	Mar 3-Apr 7	6:00-6:30pm	Τ

Edges/Power Ice Skating Lessons

Ages:8 and up

If you can already skate but are looking for some training in edges, technique, and power we have the perfect solution for you! This class is for skaters who have passed Basic Skills or the recreational skater who is looking to perfect his/her technique. Price reflects member and non-member pricing.

Tuesday Sessions		5:30-6:00pm		
10577	Jan	7-Feb	11	\$65/\$72
10578	Mar	3-Apr	7	\$65/\$72
10579	Apr	21-Ma	y 19	\$54/\$60

FIGURE SKATING



Spring Ice Skating Show

All Ages

\$7, 10 and under are free

Enjoy an evening of entertainment at the Stephen C. West Ice Arena's Spring Ice Show! This family show includes performances by Summit Skating Club figure skaters, showcasing routines prepared over months of practices to be performed this competition season. This is the only chance to see these difficult routines outside of the competitions!

<u>10644</u> May 30 5:00-10:00pm Sa

Dry Land Figure Skate Training

Ages: 9 and up

\$45 Member, \$50 Non-Member

This is an off-ice group class for figure skaters who are serious about improving their strength and technique in skating. Workouts include core strengthening, overall endurance training, jumps technique, and even some ballet conditioning! Adding dry land training can completely transform a skaters abilities and is an essential aspect of training for skaters who want to advance beyond the Basic Skills levels.

10510 Jan 13-Feb 17 5:15-6:00pm W 10511 Mar 2-Apr 6 5:15-6:00pm W 10512 Apr 20-May 18 5:15-6:00pm W

SHOWTIME Ice Skating

Ages: 9-17

\$144 Member, \$160 Non-Member

"Showtime" is where skaters have the opportunity to learn group choreography, camaraderie and teamwork! Skaters enrolling in Showtime should have basic skating skills and either be participating in group skating classes or taking private lessons to continue improving their skating skills. The weekly Showtime class focuses on learning and practicing a choreographed group number for the Spring Ice Show.

10584 Mar 17-May 26 5:15-6:00pm T

Bridge to Freestyle

Ages: 9-13

\$65 Member, \$72 Non-Member

Bridge to Freestyle is a group skating class for skaters who have passed Basic Skills (or are instructor placed), and are working on more advanced elements. This class prepares and helps skaters practice skills for freestyle sessions while creating friendships and getting extra coaching.

10573 Jan 10-Feb 14 4:15-4:45pm F 10574 Mar 6-Apr 10 4:15-4:45pm F

SHOWTIME Afterschool Ice Skating

Ages: 5-12

\$164 Member, \$182 Non-Member

Has your child completed several classes of our ice skating lessons and is ready for the next step in the skating world? The Showtime program is his/her chance to perform in front of an audience. Figure or hockey skates....it doesn't matter! All that's needed is for your child to want to learn choreography to a skating routine to be performed in this spring's Ice Show!

10583 Mar 2-May 25 3:30-5:15pm M

Axel Class

Ages: 8 and up

The Friday evening axel class gives figure skaters of USFSA level Freestyle 6+ (or skaters with coach's permission,) the opportunity to learn the fundamentals of the axel jump. Skaters train on and off ice learning how to gain the strength, quickness, and technique to do an axel. Skaters also practice exercises that create muscle memory for a correct and consistent axel. Price reflects member and non-member pricing.

Friday Ses	sions	4	:45-5:1	5pm
10569	Jan	10-Feb	14	\$65/\$72
10570	Mar	6-Apr	10	\$44/\$48
10571	May	1-29		\$54/\$60



HOCKEY & CURLING

Adult Hockey Leagues

Ages:18 and up

League hockey returns in January! New to the area? Join the robust Summit County hockey commuity this winter by contacting Cody Aidala, Ice Programs Coordinator at 970.547.3147 or register as a free agent on the Hockey Leagues web page. The last day to register is Monday, January 6 (December 30 for B League). League balances are due in full on Sunday, February 16.

10541 Open League (Men's)

Days: Wednesdays
Dates: January 15-April 1
Times: 8:30-11:10pm
Fee: \$2,650 per team
10543 C League (Men's)

Days: Tuesdays

Dates: January 14-March 31 Times: 6:45-11:15pm Fee: \$2,200 per team

10544 D League (Co-ed)

Days: Mondays

Dates: January 13-March 30
Times: 8:20-11:10pm
Fee: \$2,050 per team
10545 E League (Co-ed)

Days: Thursdays

Dates: January 16-April 2
Times: 7:45-10:30pm
Fee: \$2,050 per team

Winter Breck Betties Women's Hockey League

Ages:18 and up

\$99 Member, \$110 Non-Member

Are you always at the rink watching your kids, partner or friends play hockey? Do you wish that you had a league of your own to learn how to play the game yourself? The Breck Betties Women's League has one coached practice, nine games and two play-off/championship games. Players must be 18 or older and all levels of players are welcome to join. Full gear is required and may be purchased at the Ice Arena's full-service Pro Shop. The last day to register is Monday, December 30. The coached practice is Sunday, January 5 from 3:45-5:15pm.

10546 Jan 5-Mar 29 3:45-5:55pm S

The hockey league season consists of 12 regular season games with the top four teams advancing to single elimination playoffs followed by a best of three game championship. Games are played on the indoor and outdoor ice rinks. All game times and days are subject to change.

Winter Curling League

Ages:18 and up

\$425

Want to compete in one of the most unusual Olympic sports? IT'S CURLING! Grab some friends for a fun and active kick-off to your Friday nights out at the rink! The season consists of 6 regular season games. Following the regular season, top ranked teams advance to the playoffs/championship. All games are played on the outdoor rink. The league is limited to 12 teams of 4+ players/team, so register today! Equipment is provided (stones, brooms, slider shoe covers). No experience is necessary. Depending on the number of teams registered the league dates may range from January 10- March 20. Don't have a team? Register as a free agent on the curling web page.

10501 Jan 10-Mar 13 6:00-9:00pm F



Tuesday Ladies Drop-In Nordic Group Lessons

Ages: 16 and up

\$10 (trail fee not included)

If you're looking for some company out on the trails, join us Tuesday mornings! One of instructors takes a group out for a fun hour of social skiing, but is available for questions, tips and tricks. It's a fun way to get your friends into the sport, try a new outdoor workout or just to have some company while you ski. This weekly program is free to pass holders and \$10 per woman for anyone who would like to join. Normal trail and rental fees apply.

10823 Jan 7-Mar 24 11:00am-12:00pm T

Ages: 10 and up

\$45 Adults, \$30 Youth under 13

Sign up for a group lesson, in either skate or classic cross country skiing disciplines. The lesson fee includes a trail pass for the day and participants receive 50% off equipment rental for lessons. Youth must be accompanied by an adult. Please call the Gold Run Nordic Center Front Desk to reserve your spot -970.547.7889!

Dec 2-Apr 5

10:00-11:30pm

Learn to Skate

Ages: 16 and up

\$100

weekly program is intended to fast track any beginner skate skier. Held every Thursday for 4 weeks, this lesson-based clinic develops and reinforces good technique while building a community of individuals who like to skate ski together. Fee includes instruction. Package does not include trail pass or equipment rentals.

Feb 6-27 12:00-1:00pm 10607

Nordic Private Lessons

Ages: 5 and up

\$60 Adults, \$45 Youth under 13

Sign up for a group lesson in either skate or classic cross country skiing disciplines. Lessons are offered daily. The lesson fee includes a trail pass for the day and participants receive 50% off equipment rental for lessons. Reservations required. Please call the Gold Run Nordic Center Front Desk to book a Private Lesson - 970.547.7889!

Dec 2-Apr 5

9:00am-2:30pm

Little Vikings Afterschool **Nordic Skiing**

Ages: 5-12

\$110

Little Vikings afterschool Nordic program is in partnership with Summit Nordic Ski Club (SNSC). The program is open to youth in grades K-5. Join us for one of two six week sessions that meet after school at the Gold Run Nordic Center. SNSC will provide topnotch coaching and a fun-filled environment for learning or improving Nordic skiing. The focus of this program is having fun on skis. It is non-competitive and open to all abilities with a special focus on learning to ski and developing good classic technique.

Transportation from Breckenridge Elementary and Upper Blue are included in this activity. Students not attending Breckenridge schools are encouraged to participate but need to provide their own transportation.

Session 1

lan 14-Feb 6 4:30-5:30pm TTh 10601 w/transportation from Breck Elem. 10605 w/transportation from UBE 10603 NO transportation

Session 2

Feb 11-Mar 12 4:30-5:30pm TTh 10602 w/transportation from Breck Elem. 10606 w/transportation from UBE10604 NO transportation



Jesse Mill Guided Snowshoe Tour

Ages: 7 and up

\$45, \$22.50 Youth under 13

Explore one of our iconic mining structures in the Golden Horseshoe - the Jessie Mill. Our experienced guides highlight the rich mining history of the area as well as our local wildlife. This two-hour snowshoe tour on gently rolling terrain is appropriate for families and children.

10433 Dec 2-Apr 5 1:00-3:00pm

Full & New Moon Snowshoe Tour

Ages: 5 and up

\$60, \$45 Youth under 13

Experience the great outdoors under the glow of the full moon OR in total darkness! Let our experienced guides lead you on a wild adventure sharing stories of our historical and natural environment. Ages 5 and above are welcome! Fee includes snowshoes and headlamps. Children under age 16 are 50% off with paying adult (one child per paying adult). Post tour, we return to the Clubhouse for socializing and a light meal.

Full Moon Tours

10526	Jan 10	5:00-7:00pm	F
10527	Jan 11	5:00-7:00pm	Sa
10528	Feb 7	5:00-7:00pm	F
10529	Feb 8	5:00-7:00pm	Sa
10530	Mar 6	6:00-8:00pm	F
10531	Mar 7	6:00-8:00pm	Sa

New Moon Tours

10532	Jan 24	5:00-7:00pm	F
10533	Jan 25	5:00-7:00pm	Sa
10534	Feb 21	5:00-7:00pm	F
10535	Feb 22	5:00-7:00pm	Sa
10536	Mar 20	6:00-8:00pm	F
10537	Mar 21	6:00-8:00pm	Sa

Full Moon Fat Bike Tour

Ages: 16 and up

\$60

Come ride by headlights on our fantastic groomed fat bike trails. This will be a fun and moderately strenuous fat bike ride by the light full moon. A light meal following the ride is provided. Rent from our Borealis bike fleet for \$10 or bring your own! Fee includes tour, headlamp and meal.

10519	Jan 10	5:00-7:00pm	F
10520	Jan 11	5:00-7:00pm	Sa
10521	Feb 7	5:00-7:00pm	F
10522	Feb 8	5:00-7:00pm	Sa
10523	Mar 6	6:00-8:00pm	F
10524	Mar 7	6:00-8:00pm	Sa



Breckenridge Recreation Center

880 Airport Road PO Box 168 Breckenridge, CO 80424 970.453.1734

Breckenridge Tennis Center

886 Airport Road PO Box 168 Breckenridge, CO 80424 970.547.7834

Take a spin, try the water slide, hit some tennis balls or work up a sweat! The Breckenridge Recreation Center has so much to offer for all ages and interests in a beautiful building **newly remodeled in 2018**. A variety of fitness classes are included with daily admission. Personal training and facility orientations are available year-round.

Winter Nov 1-Apr 30	Facility Hours	Summer May 1-Oct 31	Facility Hours
Sunday	8:00am-7:00pm	Sunday	8:00am-6:00pm
Monday-Friday	5:30am-9:00pm	Monday-Friday	5:30am-8:00pm
Saturday	7:00am-7:00pm	Saturday	7:00am-6:00pm

Aquatics area opens at 9:00am on weekends and closes 30 minutes prior to daily Recreation Center closure.

Dates and hours are subject to change.

Indoor Facilities

- New Circuit Weight Area
- New Cardiovascular Equipment Area
- New Free Weight Room
- New Turf Gym
- New Indoor Playground
- New Youth Programs Room
- New Bearly Big Childcare Room
- 3 Fitness Studios
- Racquetball/Wallyball Court
- Gymnasium
- Rock Climbing/Bouldering Wall
- 25-Yard, 4-Lane Lap Swimming Pool with Hydraulic Lift
- Leisure Pool with Water Slide and Vortex
- Steam Room, Indoor/Outdoor Hot Tub and Sauna
- Running Track
- Family & Private Changing Rooms

Outdoor Facilities

- Skateboard Park with Shade Structures
- 2 Lighted Softball Fields
- Turf Soccer/Rugby/Lacrosse Field
- Picnic Tables
- 2 Playgrounds
- Extended seasonal restrooms
- Basketball Court

Breckenridge Tennis Center

- 2 Indoor Tennis Courts with Deco Turf for Year-Round Play
- 3 Hard Tennis Courts
- 3 Clay Tennis Courts
- Locker Rooms
- Pro Shop
- Seasonal Outdoor Patio Seating



RECREATION CENTER

Admission Rates

	Adult (18-59)	Youth (3-17)	Senior (60+)
Daily Admission	\$15	\$7.50	\$12
One Month Pass	\$66	\$42	\$54

4- and 6-person family discounts also available. Discounts are available for admissions and passes for individuals who live or work in greater Breckenridge. Proof of residency or employment is required. Please see Front Desk for area map.

Punch Passes

	Adult (18-59)	Youth (3-17)	Senior (60+)	
6-Punch	\$72	\$36	\$58	
15-Punch	\$180	\$90	\$144	

6- and 15-punch passes are transferable and expire one year from date of purchase. Resident and employee discounts are available.

Memberships

	Adult (18-59)	Youth (3-17)	Senior (60+)
25-Punch	\$263	\$175	\$210
6-Month	\$326	\$196	\$260
One Year	\$564	\$335	\$453

All membership products are non-transferable and non-refundable. Resident and employee discounts are available. Program discounts of 10% are available for members. 25-punch pass expires one year from date of purchase. An additional \$1 surcharge applies to in-person purchases.

Couples and Families

Discounted Couple and Family Passes can be purchased in One-Month, Six-Month and One Year increments. The primary family member pays the full adult rate, and each additional family member receives 25% off. Senior couples are not eligible for this discount. See website for definition of Couple and Families.

Group Rates

Save money when you come as a group! If your group has 20 or more people, make a reservation at least two weeks in advance, and bring full payment on the day of arrival (single check or credit card payment).

Save money by purchasing your pass online — it's quick and easy to do!



Stephen C. West Ice Arena

0189 Boreas Pass Road PO Box 168 Breckenridge, CO 80424 970.547.9974

2019 Ice Arena Addition

The SCW Ice Arena has just completed a \$2.3 million addition in November 2019. The project adds two locker rooms, with separate restrooms and showers, along with additional office space for the Summit Youth Hockey Association and staff.

Public Skating

Ice skating is exciting for people of all ages and abilities! Sessions are held daily at various times on either the indoor or outdoor rink (September-March). Please view monthly schedules online or call 970.547.9974 for current times. Please note that schedules are subject to change.

Drop-In Hockey

Stephen C. West is Summit County's hockey headquarters with a variety of drop-in sessions held throughout the week. Stick & Puck and Adult Drop-In sessions offer opportunities to practice, play and get out on the ice. Helmets are required and full gear is recommended. Please view monthly schedules online or call 970.547.9974. Please note that schedules are subject to change.

Drop-In Curling

You may see curling every four years during the Olympics, but how often do you get a chance to play? Now you can on your visit to Breckenridge! Come by the Stephen C. West Ice Arena on Friday afternoons to try your hand at curling and stay after to watch local league competition. Rates and details are available on the SCW website or call 970.547.9974. Please note that schedules are subject to change.

Facilities

- Indoor NHL Size Regulation Rink
- Covered Outdoor NHL Size Regulation Rink (September-March)
- 10 Team Locker Rooms (6 with Showers)
- Family Locker Room
- Ice Skate Rentals
- Skate Sharpening
- Pro Shop
- Meeting Rooms
- Seating Capacity for 500 Spectators
- Party Packages



STEPHEN C. WEST ICE ARENA

Public Skating Session General Admission

Adult (18-59) Youth(3-17)/Senior (60+) Child Under 3 Family (2 Adult/2 Kids)

Per session \$8 \$6 Free \$35 (\$22 without skates)

Hockey/Freestyle General Admission

 Adult (18-59)
 Youth / Senior

 Per session
 \$10
 \$10

Public Skating Punch Passes*

	Adult without Skates	Adult with Skates	Youth/Senior without Skates	Youth/Senior with Skates
3-Punch	\$19	\$29	\$14	\$24
10-Punch	\$56	\$84	\$42	\$70

Hockey/Freestyle Punch Passes

	Without Skates	With Skates
3-Punch	\$24	\$34
10-Punch	\$70	\$95

Annual Memberships

	Adult	Youth/Senior	Family
All-Inclusive	\$400 Base	\$365 Base	\$600 Base
Annual Pass	\$365 Resident	\$330 Resident	\$550 Resident

Equipment and Skate Rentals

Skate Rental	\$4
Helmet Rental	\$2
Stick Rental	\$3
10-Punch Skate Sharpening Pass	\$63

^{*}Punch passes expire 1 year from date of purchase. Proof of residency is required for discounted Resident pricing. An additional \$1 surcharge applies to pass purchased made in person at the Front Desk.

Save money by purchasing your pass online - it's quick and easy to do!



Gold Run Nordic Center

200 Clubhouse Drive PO Box 168 Breckenridge, CO 80424 970.547.7889

www.GoldRunNordic.com

Open November 30-April 5 (weather dependent)

Rental and Demo Center

Gold Run Nordic Center offers a full fleet of rental skis, snowshoes and fat bikes, along with an excellent selection of gear for purchase. Gold Run features one of the few certified Rossignol Demo Centers in the mountain West.

Pro Shop

The Pro Shop at Gold Run Nordic Center offers everything you'll need to get out on the trails! Find equipment sales, rentals, outerwear, sportswear, accessories, and more. We offer top quality winter equipment to make your cross country skiing, fat biking and snowshoeing experience the best it can be.

Fat Bikes

Now is the time to experience the floating sensation of fat biking! Whether you add on a quick ride after cross-county skiing or snowshoeing, or come out for a half day, there's a reason why it's THE hottest new snow sport. Get out on our fleet of Borealis bikes or bring your own. A Gold Run Nordic Center pass is required to access the trails. Fat bikes are welcome on all snowshoe trails.

Hourly Bike Rental - \$15 Half Day (4 hours) - \$30 Hourly Add On to Nordic Rental - \$10 Fat Bike Season Pass - \$150

Facilities

- 30K of Groomed and Natural Ski Trails
- Fat Bikes
- 13K of Snowshoe/Fat Bike Trails
- Renovated Public Clubhouse/Day Lodge with Fireplace
- Select Dog Friendly Trails
- Group/Private Instruction
- PSIA Certified Member Ski School
- Rossignol Demo Center
- Nordic Retail/Ski Service Shop
- Wax Room



GOLD RUN NORDIC CENTER

Daily Trail Pass Rates

Adult (13-64) Youth (12 & under) Senior (65+) \$25 Free \$20

Punch Passes

	Adult (13-64)	Senior (65+)
3-Punch Pass	\$65	\$50
6-Punch Pass	\$120	\$90
10-Punch pass	\$180	\$145

Season Passes

	Adult	Youth/Senior	Family	Corporate	Rec Add-On
Trail Pass	\$235	\$190	\$380	\$500	\$150
Fat Bike Pass	\$150				

Ski Rentals

Adult (13-64) Ski Package (skis, boots, poles) - \$20

Youth (12 & under) Ski Package - \$15

Senior (65+) Ski Package - \$15

Child (6 and under) Ski Package - \$5

Performance Ski Package - \$26

Snowshoe Rentals

Snowshoe Package (snowshoes, boots, poles) - \$20

Boots Only - \$6

Poles Only - \$2

Snowshoes Only - \$20

Fat Bike Rentals

Borealis bikes

\$15 per hour

\$30 half-day (4 hours)

\$10 per hour add-on with same day ski or snowshoe rental

Save money by purchasing your pass online - it's quick and easy to do!

PARKS



Carter Park & Pavilion

Carter Park Pavilion and facilities are located 300 S. High Street, four blocks east of Main Street at the south end of High Street and adjacent to Breckenridge Elementary School. For directions <u>click here.</u>

Renting Carter Park and Pavilion: Rates and Information

Email us at: FacilityRentals@TownofBreckenridge.com

Phone: 970.453.1734



Kingdom Park

Kingdom Park facilities and fields are located at 880 Airport Road, adjacent to the Breckenridge Recreation Center. For directions <u>click here.</u>

Renting Kingdom Park: Rates and Information

Email us at: FacilityRentals@TownofBreckenridge.com

Phone: 970.453.1734



Carter Park Facilities

- 4 Hard Tennis Courts (2 Lighted)
- Picnic Tables
- Year-Round Heated Public Restrooms
- Sand Volleyball
- Recreation Field
- Carter Park Trail (Summer)
- Sledding Hill (Winter)
- Public Dog Park, with Separate Small Dog Area (Fully Fenced)

Carter Park Pavilion/Patio

- Indoor Heated Event Space
- Gas Fireplace
- Picnic Tables
- Large Gas Grill
- Patio with Spectacular Views of the Ten Mile Range
- Indoor Tables and Chairs

Kingdom Park Facilities

- Breckenridge Tennis Center
- Outdoor Basketball Court
- Skateboard Park with Shade Structures
- 2 Lighted Softball Fields
- Turf Soccer/Rugby/Lacrosse Field
- Picnic Tables
- 2 Playgrounds
- Extended Seasonal Public Restrooms



FACILITY RENTALS & PARTY PACKAGES

Looking for the perfect location for your party, meeting, reunion or wedding? The Breckenridge Recreation Department has many rental options available!

For Recreation Center rental inquiries, please email FacilityRentals@TownofBreckenridge.

<u>com</u> or call 970.453.1734. For Ice Arena rental inquiries, please email <u>IceRequest@ TownofBreckenridge.com</u> or call 970.547.9974.

Celebrate your special day with one of our awesome <u>Party Packages!</u> Call 970.453.1734 for detailed pricing, information and reservations or click here for the Party Brochure.



Breckenridge Recreation Center

- Updated Community Rooms with 2 Video Screens
- Gym
- Pool
- Turf Gym
- 3 Fitness Studios
- Climbing Wall

Stephen C. West Ice Arena

- Meeting Rooms with Video Screens
- Indoor Ice Rink
- Covered Outdoor Ice Rink (September-March)
- Private Ice Rink Rentals Available

Bounce House Party

Pump it up for your birthday! Spend an hour bouncing on the inflatables in the gym and 2 hours in the Party Room! Our giant inflatable obstacle course is available to rent for birthday parties, family reunions, corporate events and more.

Pool Party

Have a wet and wild birthday with our Pool Party Package! Enjoy 2 hours in the Party Room and admission to the pool!

Build Your Own Group Fitness Class

Choose a class format from one of 20+ options, pick the certified instructor and then call to schedule a time and date. Bring in your bridal party, teammates, friends, family and anyone else to create a group of 3 or more to get your sweat on! Please contact Kelly Gerken, Fitness Supervisor at 970.453.3381. Fee: \$15 per person (3+ participants).

Ice Skating Party

Cake, pizza, skating with friends, and presents...what more could a kid want? Our lee Skating Parties include 90 minutes in our party room, skating and skate rental.

Climbing Wall Party

The sky's the limit with this rocking party package! One hour of climbing wall time with a certified instructor paired with 2 hours in the Party Room makes for a great birthday!



PRIVATE LESSONS



Private and semi-private (small group) instruction offers many advantages for today's busy schedules. Participants can define their own goals, and flexible scheduling allows for an individual pace. The Recreation Department offers affordable lessons and experiences across an exciting variety of sports in our state-of-the-art facilities, so now is the time to learn something new or to elevate your skills!

Swimming

Do you or your child need some assistance to help develop swimming skills? Private lessons are offered for all ages and abilities to learn in a fun and comfortable environment. Semi-private lessons are also offered. Please call the Pool Office for information and scheduling, 970.547.4334.

- Private Lesson \$30 per ½-hour
- Semi-Private Lesson (up to 4)
 \$40 per ½-hour
- 3-Punch Pass (Private/Semi-Private) \$80/\$110
- 5-Punch Pass (Private/Semi-Private) \$130/\$175

Tennis

Specific critiquing, fine-tuning, or overhauling your stroke is offered to all levels. Video analysis is available. Or, get your friends together for drills and customized coaching. Call the Tennis Office for information and scheduling, 970.547.7895.

- Lesson with Head Pro \$65 per hour
 Package of 4 1-Hour Sessions \$190
- Lesson with Associate Pro \$50 per hour
 Package of 4 1-Hour Sessions \$170
- Junior/Adult Semi-Private Lessons Call for rates.

Skateboarding

Are you already a good boarder but looking to get even better? Do you keep working on that special trick but can't seem to get it right? Do you prefer a one-on-one learning environment? Then check out our private skateboard lessons! Our quality instructors will have you riding your best in no time. The fee is \$45 per hour for up to 4 people. Call the Outdoor Programs Coordinator at 970.547.4324 for scheduling.

Climbing

looking to take your climbing to the next level? From bouldering basics to belaying and lead climbing, we have a class for everyone. Sessions can take 1-4 climbers, ages 6 and up and are offered daily, 1:00-6:00pm. Call the Recreation Center Front Desk for details and scheduling, 970.453.1734.

Ice Skating

Our instructors work with never-evers to competitive figure skaters and hockey players. View the <u>Private Instruction</u> web page or call 970.547.9974 for more information and rates.

Teambuilding Sessions & Groups

Whether you want to build team morale or to add a memorable element to a family reunion or other event, our professional staff provides a truly rewarding experience. Call the Outdoor Recreation Programs Coordinator at 970.547.4324 for options and pricing.

Build Your Own Group Fitness Class

Choose a class format from one of 20+ options, pick the certified instructor and then call to schedule a time and date. Bring in your bridal party, teammates, friends, family and anyone else to create a group of 3 or more to get your sweat on! Contact Kelly Gerken, Fitness Supervisor at 970.453.3381.

Fee: \$15 per person (3+ participants).



SOCIAL MEDIA POLICIES & INFORMATION

We're on Facebook, Instagram & YouTube! Follow us for updates, news, photos and more!



BreckenridgeRecreationDepartment





Keep up with the latest and greatest of all things Recreation with our new and improved blog! Visit <u>BreckRecBlog.com</u> today!



Program Policies & General Information

- The Breckenridge Recreation Department is constantly striving to provide the highest quality recreation programs. If you are not completely satisfied, please let us know and we will do our best to serve your needs. <u>Click</u> here to provide feedback.
- The Breckenridge Recreation Department reserves the right to cancel any program due to lack of enrollment, inclement weather or causes beyond our control.
- The Breckenridge Recreation Department welcomes individuals with and without disabilities into our facilities and programs.
 If you or a companion has special needs and requires assistance, please contact us at 970.453.1734 prior to your visit or the start of your program to make arrangements.
- Program confirmations are not mailed.

 Assume your program is a "go" unless you are notified
- Refunds and transfers must be requested 5 weekdays prior to the scheduled start of any program. A \$3 service charge applies. No service charge applies if the program is cancelled. Please refer to individual program descriptions for specific refund and transfer policies, as some may differ. Refunds may take 3 to 4 weeks to process.
- No refunds are issued for any programs after one year past the program's start date.
- Program participants who do not have a Recreation Center pass may use locker room and shower facilities.
- No person who is visibly intoxicated or under the influence of federally prohibited substances shall be admitted to or permitted to remain upon the premises or the Recreation Center.
- Please contact the Breckenridge Recreation Department at 970.453.1734, if additional information or assistance is required.

Recreation Center Policies

- All guests use the Recreation Center programs and facilities at their own risk.
- Age restrictions apply throughout the facility (see below).
- We ask that all guests be considerate of other users and visitors in the building. Please dress appropriately and use appropriate language while in the facility or participating in programs.
- In order to provide you with the best experience possible, please make note of high usage times. These include early morning (before work), early evening (after work), poor weather days and holidays. Please plan your visits accordingly.
- The consumption of alcohol and/or federally prohibited substances is prohibited while participating in any and all Recreation Department programs or facilities, except during sanctioned or permitted events.
- Outside private instruction is not permitted in public facilities.

Recreation Center Youth Rules

- Youth 1 0+ may be in the facility by themselves.
- Youth under age 14 must be directly supervised in the weight room and on the second floor.
- Youth under age 6 must have an adult in the water AND be within reach at all times.
- Youth ages 6-8 must have an adult in the pool area.
- Youth ages 9-13 may be in the pool area without direct parental supervision as long as a parent or guardian age 16 or older is in the facility
- Teens age 14 and up are allowed in the pool by themselves.



Recreation Department Mission Statement

The Breckenridge Recreation Team offers quality programs, facilities, and services that encourage community participation and promote fun, physical activity, and growth.

Town of Breckenridge Mission Statement

The Town of Breckenridge protects, maintains and enhances our sense of community, historical heritage and alpine environment. We provide leadership and encourage citizen involvement.

Recreation Department Team

Director of Recreation: Scott Reid

Assistant Director of Recreation: Kevin Zygulski

Golf Course Superintendent: Jim Byers

Administrative Manager: Jenise Jensen

Open Space & Trails Manager: Anne Murphy

Recreation Operations Manager: Dennis Vander Schaaff

Recreation Programs Manager: Jon Dorr

Assistant Golf Course Superintendent: <u>Grant Johnson</u>

2nd Assistant Golf Course Superintendent: Alex Kosel

Administrative Supervisor: Patt Reyes

Administrative & Marketing Coordinator: Annette Kubek

Administrative Specialist Recruitment: Mike Sarges

Aquatics Coordinator: Carmen Brashier

Fitness Coordinator: Kelly Gerken

Ice Arena Operations Coordinator: Reid Bartelt Ice Arena Programs Coordinator: Cody Aidala

Open Space & Trails Specialist: Tony Overlock

Outdoor Programs Coordinator: <u>Steve Rosenthal</u>
Recreation Guest Services Coordinator: Nick Wilson

Sports & Special Events Coordinator: Vince Hutton

Tennis Coordinator: <u>John O'Connor</u> Youth Programs Coordinator: Terrin Abell

Town Officials

Town Manager

Rick Holman

Assistant Town Manager

Shannon Haynes

Breckenridge Town Council

Mayor

Eric Mamula

Council Members

Jeffrey Bergeron

Dick Carleton

Gary Gallagher

Erin Gigliello

Kelly Owens

Wendy Wolfe